What is 4-H?

4-H is the largest out-of-school youth organization in the United States with over 7 million youth members! There are Extension staff responsible for 4-H program in each city and county—so there is definitely a 4-H program near you! Whether you live in a city, rural or suburb area, there is something for you in 4-H! 4-H helps kids see their potential through:

- Learning by doing
- Practicing leadership
- Completing projects
- Positive out-of-school time
- Science and Arts enrichment
- Service to communities

FOR MORE INFORMATION ABOUT 4-H IN ROCK COUNTY, PLEASE CONTACT:

Sonja Braucht  
Interim 4-H Program Coordinator  
Rock County 4-H  
Email: roll0077@umn.edu  
Office: 507-283-1302

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CAMP TRACK CHOICES

Choose two of the following tracks. Each track is limited to the first 25, so sign up early!!

Red Wiggler Worms
Get ready to get your hands dirty as we explore Environmental Science! Be prepared to have worms wiggling on your hands as we explore nature. During this session, we will learn about the environment and the super composting worm—Red Wigglers!

Keep Calm and Sew On
Mend, stitch, cut, and sew. Is this something that you might want to know? Buttons, ribbon, needles and thread, learning a new sewing task is something you won’t dread! Join us as we will be learning and enhancing various sewing skills while making and taking home two sewing projects.

Theatre Arts—Masks & Movement
Explore performance with your fellow campers and make a theatre scene come to life by creating characters through voice, movement and masks! Plus, you will get to create a mask to bring your theatre experience back home!

Food, Fitness and Lots of Fun
Yum! Let’s play! We will be discovering all sorts of fun ways to be active and promote physical activity and talk about the different foods we eat. Most people are naturally drawn to fast food, but why? Is it the taste, smell or the advertisements? The best part of this track is we get to move around and have lots of fun!

4-H Camp Experiences

4-H Extension Educators, 4-H staff and high school youth counselors will be present to provide leadership for the camp activities. We provide positive learning experiences based upon research that meets the key elements of youth development:

- Independence
- Belonging
- Generosity
- Mastery

Cost of 4-H Camp

Early Bird Registration by May 1
$130

Registration by May 15
$140

Registration by June 1
$150

**Rock County 4-H members who complete the “Bring it Back” form following camp will be eligible for a $65 reimbursement. Other financial scholarships may be available upon request.**