Stearns County 4-H

Clothing Camp

March 11-12, 2016
Holy Family School
160 2nd St. S
Albany, MN 56307
Registration due Monday, March 7th

4-H’ers and Non-4-H’ers are welcome!

Applicable for all skill levels

4-H Clothing Camp is . . .

...a great opportunity to learn and grow in the clothing and textiles project area! Clothing Camp runs for two days — Friday evening and most of Saturday. *This is not an overnight camp.* During these two days, youth will have the opportunity to sew, whether they are brand new or experienced in sewing.

The 4-H Clothing Committee works hard to come up with projects that meet the skill levels of all participants as well as offer assistance to sewers while working on their projects. Some sewing machines are provided for Clothing Camp, so you don’t even need to own a sewing machine to attend!
Schedule
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Friday, March 11th ~Back to the Basics~
5:00 – 8:00 p.m. - Participants will work in small groups with a seamstress to read a pattern and complete a pair of PJ shorts (SEE SIZE CHART - a size must be indicated on your registration form). During this time participants will also learn the parts of a sewing machine and other fundamental sewing basics.

Experienced sewers will have the opportunity to sew cancer caps for a community service project.

Please bring your own supper. School is peanut-free, please do not bring nuts!

Saturday, March 12th

8:45 a.m.  Registration
9:00 a.m.  Welcome & Safety Talk
9:15-Noon  Work on Sewing Projects
Noon  Lunch (provided)
12:30 p.m.  Resume Sewing
3:30 p.m.  Camp Ends

Cost: $10.00 per participant or $20.00 per family.

Registration:

Please complete the registration form located on the last page of this brochure, and return it with a check payable to Stearns County 4-H to the address listed by March 7th. Registration fees are non-refundable. Scholarships for anyone wanting to participate are available by contacting the Stearns County Extension Office.

NOTE: *Clothing Camp limit is 40 participants*

Cloverbuds: Please note that for safety reasons, Cloverbuds are required to have a one-on-one helper to attend clothing camp.

Additional adults – grandmas, aunts, neighbors - are needed too! If you can help, please check the parent area on the registration sheet and fill in your name and phone number so we can contact you.

Mention "4-H" for a discount at Family Fabric Shop of Sauk Centre.
Clothing Camp Projects

Community Service Project

Cancer Caps
Experienced campers not participating in “Back to the Basics” will be making cancer caps to be donated to the Cancer Center and given to a patient in need.

Individual Projects

PJ Pants
Learn how to make either elastic-waist easy shorts or pull-on pants. Options for sewers with experience include side seam pockets and flat-felled seams. McCall's pattern #8520 is on hand for your use.

Supplies needed: woven fabric of your choice (washed and dried fleece, flannel or single knit), thread to match, and 7/8 yard of 3/4” elastic.

For intermediate sewers, purchase a yard of elastic with drawstring for a little extra challenge. NOTE: Also bring a double needle if you have one; some will be provided.

Leggings
Shake it up and try making a pair of super trendy leggings (Simplicity 1894)! They can be worn under skirts, shorts, long shirts or dresses. Pick your favorite color stretch knit fabric (i.e. lightweight double knit, two way stretch, novelty knit, or stretch lace).

Supplies needed: For girls sizes 7-16, you will need 1 1/4 yards fabric, matching thread, and 1 yard of 3/4 inch wide elastic. For women’s sizes 10-18, you will need 2 yards of fabric, matching thread, 1 1/2 yards of 1/2 inch wide elastic.

Tunic
Create a whole outfit with this long tunic to match your leggings. Suggested Fabric is stretch knits only: Jersey, Single Knit, Stretch Lace or Two Way Stretch. Contrast Fabric needed if you like the pieced design. Simplicity Pattern 5090.

Supplies needed: 1 1/4 yard of 60” knit for sizes 10 and under. 2 yards of 60” knit for size 12 and up. 1/2 yard contrasting fabric for those who chose a more difficult design; 1 package matching hem tape, thread to match.
**Lined Hunting Vest**
Great beginner to intermediate project for those outdoor enthusiasts! Construct a small or large size vest.

**Supplies needed:**
- 1 1/2 yards blaze orange or camouflage fabric
- 12” jacket zipper
- Matching thread

Include 1 yard of 3” elastic if you would like to carry shotgun shells in your vest! Please allow for additional fabric for larger sizes.

**Chalkboard Activity Case**
A fun project for all ages!

**Supplies needed:** 1/2 yard print cotton (non-stretchy) fabric & 1/4 yard solid color to match (we will be providing a limited selection; but you are welcome to bring your own if you choose); 5”x6” square of felt, 1 yard of 1/4” ribbon. The chalkboard fabric will be provided.

**Shark Pencil Case**
Have fun with this cute and handy Shark Pencil Case.

**Supplies needed:**
- 1 Fat quarter (outside) - any color
- 1 Fat quarter (lining) - red solid or print
- 7” matching zipper for closure (intermediate)
- 3/4” Velcro for closure (beginners)
- 2 buttons for eyes
- Matching thread

**Fabric Ball**
This is a very easy and quick project and can be any size you like, and can even be a pillow. For each ball, you will need two coordinating squares of any relatively thin fabric (Fleece NOT recommended). The smallest size to work with would be 4x4-inch squares, which produces a hacky-sack size ball. Larger squares would create a larger and slightly heavier ball. A pillow would require at least 12-inch squares.

Stuffing for your ball or pillow is required, and it can be scraps of batting, fleece or polyester. For a pillow, include one package of coordinating embroidery floss.
Jelly Roll Quilt

You will making a 50-inch by 60-inch throw quilt from 42 2½-inch strips (a jelly roll) mixed from at least five (more is better) different coordinating 100% cotton fabrics (flannel is acceptable if 100%). If you do not bring a jelly roll and have the skill to cut your strips at home, we recommend arriving at camp with your strips already cut. For the backing, you will need either 3 yards of 100% cotton 42-inch wide fabric, or 2 yards of a 60-inch wide cuddle fleece (minky) or fleece.

For the binding, you will require an additional 1/2 of a yard of a coordinating 100% cotton fabric (can be the same as one of the others). You will also need batting to cover a 54 by 64 inch area. Batting can be fused together from more than one piece if necessary.

Select Your Own Project

Returning participants are encouraged to bring a project of their own selection and get some quality sewing time. Experienced seamstresses are available to answer your questions.

Suggested projects for skill levels

Please keep these skill levels in mind as you select project supplies.
**Beginner**: Leggings, PJ pants, shark pencil case (Velcro closure), ball
**Intermediate**: PJ pants (with pockets), shark pencil case (zipper closure), hunting vest, chalkboard activity case, tunic, quilt

*All clothing camp projects will qualify to be entered at the fair*

Supply List

- Participants should bring a **container** to carry their sewing camp supplies.
- Please mark your container and all of your supplies with your name.
- You will also need a **seam ripper, scissors, hem gauge, pins, pincushion, tape measure & hand-sewing needles**.
- Bring your own machine/serger with an **extension cord & power strip** if you have one.
4-H Clothing Camp Registration  DUE March 7, 2016

4-H’er?  1st year at Camp?  I will attend:  PJ Shorts Size:

Name #1 ____________________________ Grade____  Yes No*  Yes No  Fri  Sat ________

Name #2 ____________________________ Grade____  Yes No*  Yes No  Fri  Sat ________

Name #3 ____________________________ Grade____  Yes No*  Yes No  Fri  Sat ________

For Cloverbuds, an adult helper must attend:

Helper’s name: ____________________________  Helper phone number: ____________________________

Parent/Guardian ____________________________  Phone ____________________________

Email Address ____________________________  4-H Club ____________________________

I or another adult would also like to assist in the following areas:

____Kitchen Help  ____Seamstress  ____Extra Hands  ____Clothing camp committee  Name: ____________________________

Are you bringing a sewing machine?

Yes ________  No ________

Are you bringing a serger?

Yes ________  No ________

Please select up to two (2) projects below:

Be sure to list the appropriate size where required

CHILD 1: (name) ____________________________  CHILD 2: (name) ____________________________

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<th>Hunting Vest</th>
<th>Ball</th>
<th>Pencil Case</th>
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*Non-4-H’ers need to return a Short-term enrollment form with registration. This can be found at:  http://z.umn.edu/stearnsform

Registration Cost: $10 per person or $20 per family

$ ________________________ (amount of check enclosed)

Check # ________________________

Make checks payable to: Stearns County 4-H

Registration Due: March 7, 2016

Return this page with payment to:

Stearns County Extension
Attention: 4-H Clothing Camp
3333 W. Division St, Ste 10
St. Cloud, MN 56301

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