Chisago County 4-H
2016 Food Show

Saturday, April 9th, 2016 | Location, North Branch Senior Center, 38790 6th Ave, North Branch

TO SIGN UP:

1. Fill out the online registration form or submit a paper registration by April 1st to the Extension Office.

2. Submit a copy of your recipe(s) by April 1st to the Extension Office.

FOOD REVIEW GUIDELINES

1. Who? Cloverbuds and 4-H members 3rd grade and over.

2. Choose a food you want to prepare and display in a table setting appropriate for the food.

3. Include two free standing posters 8 1/2” x 11” that will be part of your display. One lists the menu including your prepared food, and the other lists the recipe for your prepared food. Photos are not required.

4. Bring a table setting appropriate for your food. Include the plates, silverware, napkin, table cloth and centerpiece. Bring a serving of your prepared food.

5. Come prepared to visit with the judge about your display. Know about the food groups, nutritional value, preparations needed, food safety, etc.

6. Awards will be given. Those 6th grade and over are eligible for state fair trips. Those 3rd grade and over are eligible for the over-all champion and reserve champion.

BREAD CONTEST

1. 4-H members & Cloverbuds may choose to bring 1 or 2 bread entries. They must be from different categories if you bring more than one. Categories include: yeast and quick breads. Photos are not needed but do bring your recipe. Table setting is not required.

2. Judges will be looking for age-appropriate projects.
3. Awards will be given for each entry. No state fair trip will be given. Those 3rd grade and over will be eligible for an over-all champion and reserve champion of the bread contest.

4. Suggested sizes include bringing a whole loaf of bread, 4 rolls, 4 muffins, etc.

**DECORATED FOODS CONTEST**

1. 4-H members & Cloverbuds choose to bring 1 or 2 entries. They must be from different categories if you bring more than one. Categories include gingerbread houses, candy, cakes or cupcakes. Photos are not required but do bring you recipes. Bring your food but no table setting is required.

2. Judges will be looking for age-appropriate projects.

3. Awards will be given for each entry. No state fair trips will be awarded. 3rd grade and over will be eligible for an over-all champion and reserve champion of the decorated food contest.

**FINGER FOODS**

1. 4-H members & Cloverbuds choose to bring 1 entry. Awards will be given for each entry. No state fair trips will be awarded. Can be any type of finger food that you wish to make. Don’t do an entire menu or place setting like you would in Food Revue.

2. Please e-mail your recipe to jeremyf@umn.edu so that it may be included in the cookbook.

**SOUPS**

1. 4-H members & Cloverbuds choose to bring 1 entry. Awards will be given for each entry. No state fair trips will be awarded. Can be any type of soup that you wish to make. Don’t do an entire menu or place setting like you would in Food Revue.

2. Please e-mail your recipe to jeremyf@umn.edu so that it may be included in the cookbook.

**THE JUDGING PROCESS:**

At the Favorite Food Show, conference judging will be held with each exhibitor. The judge will ask questions about the member’s food and recipe. The member should be able to say something about recipe choices, nutrition values, cost per serving etc.

Judging order and approximate times will be:

10:00 am - Food Review, 10:20 - Bread Contest, 10:40 - Decorated Foods, 11:00 - Finger Foods, 11:20 - Soups.