4-H PARTICIPATION SUMMARY

Every 4-H member (not Cloverbud) is required to complete one Participation Summary each year summarizing his/her entire 4-H experience for the current 4-H year. 4-H Project Record(s) and/or Animal Record(s) should accompany this 4-H Participation Summary.

This record is also available online at www.extension.umn.edu/county/goodhue. Click on “4-H in Goodhue County” and look under “Forms.”

Name: ________________________________

Club: ______________________________________

Grade (as of 10-1-15): ____ Years in 4-H: _____

Projects in which I enrolled this year:

________________________________________
________________________________________
________________________________________
________________________________________
________________________________________

PREPARING:

My dreams/goals for 4-H this year are:

1. ______________________________________________________________________
2. ______________________________________________________________________
3. ______________________________________________________________________

DOING/SHARING: How I apply the 4-H Pledge.

MY FAMILY

My responsibilities at home and with my family are:

__________________________________________________________________________

MY CLUB

I attended _____ meetings out of the _____ meetings my club held.

I served my club by holding the following office(s) and my responsibilities were:

__________________________________________________________________________

I served on the following committee(s) in my club and my responsibilities were:

__________________________________________________________________________

I gave a demonstration or presentations to my club (or another club) on:

__________________________________________________________________________

Club fundraisers I participated in and what my responsibilities were:

__________________________________________________________________________

Community Pride project(s) I helped with and what my responsibilities were:

__________________________________________________________________________

A Photo of Me

(Cut photo if necessary)

* Use additional pages if needed for any part of this summary.
Other club activities I participated in and my responsibilities:

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

MY COMMUNITY, MY COUNTRY, AND MY WORLD

During the past year, I have participated in the following 4-H events/activities:

County

_ Performing Arts Day at County Fair
_ Demonstration at County Fair
_ Missoula Children’s Theatre
_ County Arts In
_ Cloverbud Day Camp
_ MinnAqua Day Camp
_ Project in the Park Day Camp
_ Safety Day Camp
_ Day Camp Counselor
_ Hog Roast
_ Project Development Committee
_ Stalling Committee
_ Appeals Committee
_ Central ID Day
_ Rate of Gain Weigh In
_ Livestock Quality Assurance
_ and Ethics Training
_ General Livestock Judging Team
_ Dairy Judging Team
_ Rabbit Judging Team
_ Horse Judging Team
_ Animal Science Workshops/Clinics
_ Horse Clinics
_ Dog Training
_ Non-Livestock Project Workshops
_ Holiday Dance
_ Kiwanis Banquet
_ Council Meetings
_ (attended ____ meetings)
_ Council Member
_ County Ambassador
_ Youth Leadership Retreat
_ National 4-H Week
_ Window Display Contest
_ County Record Judging
_ Fashion Revue
_ Demonstration/Project Talk
_ Softball
_ County Fair Awards Ceremony
_ County Fair
_ County Fair Junior Superintendent
_ Junior Fair Board
_ Livestock Show Help
_ Cloverstop Foodstand
_ RED (County Leadership Lockin)
_ Consumer Decision Making Contest
_ Regional 4-H Camp
_ Regional Camp Counselor
_ State Ambassador
_ BLU (Regional Leadership Retreat)
_ YELLO! (State Leadership Conference)
_ State Arts In
_ State Fair
_ State Horse Show
_ State Dog Show
_ State Shoot
_ Regional Project Bowl
_ State Project Bowl
_ State Project Workshops
_ Citizenship Washington Focus
_ Interstate Exchange
_ (Green Traveler's 4-H Club)
_ International Exchange
_ National 4-H Conference
_ National 4-H Congress
_ National 4-H Technology Leadership Conference

In each of the above activities, I did the following:
(Examples: As Council President, I created agendas for all council meetings; I co-lead a Cloverbud activity for eight K-3rd graders about healthy snacks; I designed the program for Share the Fun; I learned about the environment and fishing at MinnAqua Day Camp; I attended YELLO at the state level and shared what I learned with the council members; I sold Hog Roast tickets to my family and friends; I worked three hours at the Cloverstop Foodstand serving food; I handed out plaques at the county fair swine show.)
Activities (outside of 4-H) in my community that I participate in and my responsibilities:

School

Sports

Church

Clubs

Work

Volunteering

Other

**REFLECTING:**

A. This past year, I had the most fun doing:

B. This year in 4-H, I learned:

C. To improve 4-H involvement for myself and others, I could:

D. Next year, I would like to:
4-H AWARDS AND RECOGNITION

I received the following 4-H awards and recognition this year. (Include record judging, awards ceremony, county and state fairs.)

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<th>Award/Recognition</th>
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MY 4-H STORY - See next page for directions on completing your 4-H story.

Member signature

Date

Parent Signature

Club Leader Signature
MY 4-H STORY

Write your 4-H story from the past year. See below for ideas and requirements that need to be followed. You are encouraged to add photos, journaling, or other articles.

Ideas on some things you could write:

- Tell how your family and friends helped you
- Relate what you learned in 4-H to school and your family
- Tell how you helped younger or other 4-H members
- Write about the most important things you learned about yourself in 4-H this year
- Write about how 4-H has been influential in your life

“4-H Story” Requirements for County Record Judging in the Fall:

- 3-5th graders must write at least a two paragraph story, hand-written or typed (preferred typed). Use separate page(s).
- 6-8th graders must write at least a three paragraph story, neatly hand-written or typed (preferred typed). Use separate page(s).
- 9th graders & up should be able to expand and write more than three paragraphs, neatly hand-written or typed (preferred typed). Use separate page(s).
- Quality of writing will be assessed based on member’s grade and abilities.