

<u>BUTTERFLIES</u>	<u>LARVAL FOOD (host plant)</u>	<u>NECTAR SOURCES</u>	<u>COMMENTS</u>
Tiger Swallowtail	cherry, willow, birch, aspen, poplar	phlox, milkweed, bee balm, joe pye weed stiff goldenrod, New England aster	adults prefer tall flowers, trees close by love puddles
Black Swallowtail	parsley family	phlox, milkweed, bee balm, anise hyssop, New England aster, stiff goldenrod	
Monarch	milkweeds	tall flowers, asters, goldenrods, thistles, tithonia, blazing star	migrate from south
Red Admiral	nettles	tree sap, daisies, purple coneflower, milkweed, red clover	moist wood edge, likes rotting fruit, tree sap,
Painted Lady	everlastings, hollyhock, nettles thistles	thistle, zinnia, mints, heliotrope	larvae feed on Canada thistle, migrate from south
Sulphurs	clover family, legumes	many, clover, alfalfa, aster	love puddles, "alfalfa butterfly", migrate from south
Whites	cabbage, broccoli, nasturtium "mustard family"	many, aster, mint	love vegetable gardens, migrate from south
Mourning Cloak	willow, elm, poplar, birch, nettle	shasta daisy, dogbane	rotting fruit, tree sap, open woodland, over winter as adult
Meadow Fritillary	violets	black-eyed Susan, purple coneflower, daisies	
Blues	dogwood, clover family, cherry	mustards, asters, dogwood, milkweed	like puddles, open areas
Buckeye	snapdragon, plantain, sedum, verbena	aster, coreopsis, peppermint, milkweed	migrate from south
Viceroy/White Admiral	willow, cottonwood, poplars	many	like puddles and dung
<u>MOTHS</u>			
Hummingbird sphinx	viburnum, snowberry, cherry, plum	nicotiana, petunias, four o'clocks, sweet william, bee balm, phlox	visible during the day
Whiteline sphinx	portulaca, primrose, grape, apple, willow	petunia, heliotrope, dame's rocket, nicotiana, four o'clock	

My thanks to Bernie Angus for providing this list!

HELPFUL SOURCES OF PLANTS AND INFORMATION

Plant Suppliers:

** Morning Sky Greenery, Hwy 28, Morris, MN 56267 (just east of town), (320)-795-6234

<http://www.morningskygreenery.com/>

Prairie Moon Nursery, Winona, MN

<http://www.prairiemoon.com/seed-mixes/birds-butterflies-bees/>

Prairie Restorations, Inc., Princeton, MN

<http://www.prairieresto.com>

Select Seeds

<http://www.selectseeds.com> (rates each plant for attractiveness to wildlife)

Books and Articles:

Buchmann, S.L., G.P. Nabhan and P. Mirocha. 1995. *The Forgotten Pollinators*. Island Press, Washington, D.C.

Editors at Birds and Blooms. 2016. *Gardening for Birds, Butterflies, and Bees: Everything You Need to Know to Create a Wildlife Habitat in Your Backyard*. Reader's Digest.

Fleming Hayes, R. 2016. *Pollinator Friendly Gardening: Gardening for Bees, Butterflies, and Other Pollinators*, Voyageur Press, Minneapolis, MN.

Henderson, C.L. 1998. *Lakescaping for Wildlife and Water Quality*. MN DNR, St. Paul, MN

Kline, C. 2015. *Butterfly Gardening with Native Plants: How to Attract and Identify Butterflies*. Skyhorse Publishing.

Lowry, J.L. 1999. *Gardening with a Wild Heart: Restoring California's Native Landscapes at Home*. University of California Press, Berkeley, CA.

Stein, S.B. 1995. *Noah's Garden: Restoring the Ecology of Our Own Backyards*. Houghton Mifflin, Boston, MA.

Stein, S.B. 1997. *Planting Noah's Garden: Further Adventures in Backyard Ecology*. Houghton Mifflin, Boston, MA.

The Xerces Society. 2011. *Attracting Native Pollinators: The Xerces Society Guide, Protecting North America's Bees and Butterflies*. Storey Publishing, LLC.

Walliser, J. 2011. *Good Bug Bad Bug: Who's Who, What They Do, and How to Manage Them Organically, 2nd Ed.* St., Lynn's Press, Pittsburg, PA.

Wilson, J.S. and Messinger Carril, O.J. 2015. *The Bees in Your Backyard: A Guide to North America's Bees*. Princeton University Press.

Websites:

Better Homes and Gardens – Garden Plans for Birds & Butterflies (includes landscape plans)

<http://www.bhg.com/gardening/plans/dramatic/gardens-plans-that-attract-birds-and-butterflies/>

Cornell University – Biological Control: A Guide to Natural Enemies in North America

<https://biocontrol.entomology.cornell.edu/index.php>

Michigan State University – Native Plants and Ecosystem Services <http://nativeplants.msu.edu/>

Monarch Watch – (Great information on monarch biology plus an excellent plant list for a variety of butterflies)

<http://monarchwatch.org/>

USDA NRCS – Insects and Pollinators

<http://www.nrcs.usda.gov/wps/portal/nrcs/main/national/plantsanimals/pollinate/>

Wildlife Gardeners – Native Host Plants for a Midwest Butterfly Garden

<http://www.wildlifegardeners.org/forum/butterflies-moths/2926-native-host-plants-midwest-butterfly-garden.html>

Xerces Society – Pollinator Conservation Fact Sheets

<http://www.xerces.org/fact-sheets/>